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# What Solo Travel Has Taught Me About The World.

--Shivya Nath

1. Shivya Nath was grown up in Dehraun.
2. After finishing her school , she went to Singapur to study and and graduated in 1020.
3. She got a job with Singapore Tourism Board where her experiments with social media began and she first got interested in travel bloggers around the world.
4. In 2018 she published her book, “The Shooting Star” where she has described her experiences of travel and how it changed her life choices.

## Thinking about the topic

Thinking about the topic before you read the text makes it easier to understand. Take a partner and do the following exercises.

1. Narrate in brief , one of your travel accounts. Include :
  - (a) Where did you go ?
  - (b) Who did you go with ?
  - (c) Highlights of the occasion.
  - (d) An experience that you did not like.

## Thinking about the world

2. Have you travelled alone to an unknown place ? How was the experience ? Discuss.

- (a) Anxiety.
- (b) Confusion
- (c) Doubt
- (d) Language problem.
- (e) Another problem.

## Skimming a text to read better

Skimming is a pre-reading activity that helps understand a text more easily. We skim a text by taking a quick look over it to get a sense of what it deals with and how it is structured. While skimming a text we do not read it word by word. Rather we pay attention to paragraph headings, picture, picture, tables, graphs and prominent words. Reading the sentence at the beginning of each paragraphs is also a part of skimming.

# The Text- What solo travel has taught me bout the world.

- There are plenty of perspectives out there about the solo female travel which encourage women to travel alone others that question it.
- Personally over the last six years of frequently travelling alone as an Indian woman she has found plenty of reasons to continue to say “ yes to the world “

Exploring the world has made me  
challenge societal norms she has  
grown up with

She has learnt to stop judging strangers by their appearance.



Her comfort zone has expanded in the most unexpected of ways